



**CREW ENERGY ANNOUNCES FILING OF ITS 2009 YEAR END DISCLOSURE
DOCUMENTS**

March 29, 2010
Calgary, Alberta

Crew Energy Inc. ("Crew") (TSX: CR) today filed its Annual Information Form, which includes Crew's reserve data and other oil and gas information for the year ended December 31, 2009 as mandated by National Instrument 51-101 Standards of Disclosure for Oil and Gas Activities of the Canadian Securities Administrators.

Crew has also previously filed its audited consolidated financial statements and accompanying notes for the year ended December 31, 2009 and related Management Discussion and Analysis with Canadian Securities Regulatory Authorities. Copies of Crew's 2009 disclosure documents may be obtained at www.sedar.com or by e-mailing the company at investor@crewenergy.com.

Crew Energy Inc. is a Calgary-based oil and natural gas exploration and development company. Crew's common shares trade on the Toronto Stock Exchange under the symbol CR.

For further information, please contact:

Dale O. Shwed
President and Chief Executive Officer
Tel.: (403) 231-8850 Fax: (403) 266-6259
dale.shwed@crewenergy.com

John G. Leach
Senior Vice President & Chief Financial Officer
Tel.: (403) 231-8859 Fax: (403) 266-6259
john.leach@crewenergy.com